

## Women in Recovery From Sex and Love Addiction

Are you ready to be heard and understood?

Are you looking for a safe place to belong and heal?

## Healing for Women

Connect with other women coping with sex and love addiction in a therapist-led group

Learn ways to gain and maintain healthy recovery in a small, focused group tailored to meet your needs

Explore unresolved family of origin issues, trauma, repetitive patterns, how thoughts and beliefs impact experience, communication, and cultural influences of women in addiction

When: Every Tuesday, 5:30-7pm Details: Group limited to 10 participants.

Where: 14651 Dallas Parkway, Suite 106 Closed group after second session.

Dallas, TX 75254 \$75 per person, per week

Contact cara@lifeworksrecovery.com or call her at 469-458-9010 for a preliminary consultation.

## **Group Facilitators:**

Chris Lorenc, MS, LPC, NCC, CSAT Patrick Hentsch-Cowles, MS, LPC Intern, NCC, CSAT Candidate Cara Guziak, MS, LPC Intern, BCN, CSAT Candidate

Patrick is supervised by William P. Swenson, MA, LPC-S, LCDC Cara is supervised by Dr. Jackie Keish, LMFT, LPC-S, BCIA-EEG